AISN'S WEEKLY NEWSLETTER

Wednesday, April 8th, 2020

Dates to Remember:

Friday - Monday, April 17th-20th: *Screen Break; No school*
Thursday, April 30th: *April Online Assembly - 12:00 PM NKCT Time*
Friday - Monday, May 1st-4th: *Labor Day and Break; No school*
Friday, May 15th: *Break; No School*
Friday, May 22nd: *End of Year Assembly and Last Day of School*
Saturday, May 23rd: *Graduation*
Friday, May 29th: *End of Year Report Cards distributed*
Monday, August 26th: *First Day of School for 2020-21 school year*

AISN'S FIRST ONLINE ASSEMBLY - A VIRTUAL SUCCESS!

On Thursday, April 2nd, AISN held its first virtual assembly attended by almost 100 members of our school community. It was a unique opportunity for students, teachers, staff, and parents to get together at the same time in various locations worldwide - including Mauritania, America, France, Malaysia, Singapore, and Albania! It was wonderful to "see" everyone! March birthdays were celebrated, college acceptances for our seniors were announced, and the Kindergarten class shared a special song they created online with the help of Mr. Papis. Be sure to tune in for our next virtual assembly at the end of April!

AISN ONLINE ARTWORK CREATIONS!

In order from left to right: Yang (Gr. 2), Saud (Gr. 2), and Aqilah (Gr. 2)

DAILY READING CONTINUES VIRTUALLY! Reading is a fundamental skill that is essential for all academic subject areas. Teachers have incorporated a variety of online platforms to continue developing students reading comprehension skills while learning online - including RAZ kids, ABCya, online books, book clubs and more! Be sure to engage in at least 15 minutes of reading on a daily basis! This can include independent reading, being read to, or listening to an audio book online.

Jaya (Gr. 5) enjoying listening to Harry Potter & the Sorcerer's Stone on Youtube.

QUARTER 3 REPORT CARDS DELIVERED VIA EMAIL: Quarter 3 report cards have been sent to both parents and students through email. Be sure to take some time to review this important document with each other. If you would like to conference with any of your child's teachers to discuss his/her progress or areas of concern, please feel free to contact them directly via email to set up a convenient time to meet virtually. You may also contact Ms. Aicha aicha.fall@aisnmauritania.com as well. As a kind reminder, each teacher, in addition to Ms. MaryAnn, has set office hours at which time they are free to meet each day. If you ever have any questions or concerns, we are only a click away!

University/College Acceptances are rolling in! Congratulations to our seniors who have been accepted to the following universities: **In the U.S.:** University of Kentucky, Missouri University of Science and Technology, University of Nevada at Reno, Colorado School of Mines; **In Canada:** Queen's University, Concordia University, Vanier College, Guelph University, Windsor College; **In the U.K.:** University of Leeds, Newcastle University, University of Birmingham, University of Manchester; **In Spain:** Schiller University, HTL University, European School of Economics; **In Australia:** Queensland University of Technology. **Scholarship Money Awarded:** $4,000 - Queen's University in Canada

With the need to remain online at least through the end of April, the Board has approved a revised calendar for the remainder of the school year. The calendar is attached to the weekly email. Due to the need to give our eyes a break from screens, we have incorporated several short breaks in the calendar. Please contact Ms. MaryAnn at director@aisnmauritania.com if you have any questions regarding the calendar changes.

ONLINE LEARNING WELLNESS TIPS:

- **Play time:** Have some fun! Treat yourself!
- **Downtime:** Do nothing. Face boredom.
- **Family Time:** Be with the ones you love.
- **Social Outreach:** Text, email, or call a friend.
- **Mindfulness:** Yoga, mediation, reflection…
- **Exercise:** Incorporate 60 minutes of sweat!
- **Dietary Awareness:** Think about what you eat and drink.
- **Hydration:** Drink more than 8 cups of water a day!
- **Hygiene:** Wash hands, shower, do laundry.
- **Goals Setting:** Set some goals each day and week!